

Help — my Frenchie's farts are out of control.

How I fixed it (almost) overnight.

The complete guide to understanding — and finally controlling — your French Bulldog's gas problem.

Chapter one

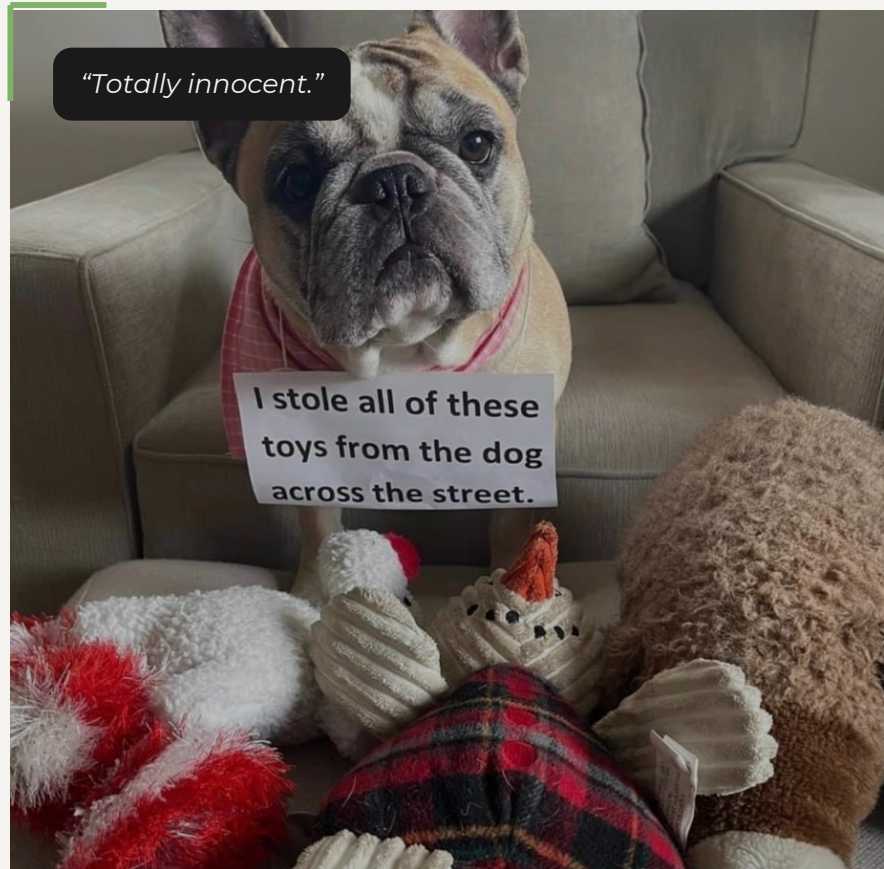
Meet Boo — and the problem you know too well.

Boo Radley. French Bulldog.
Built like a tank. Personality somewhere
between a stand-up comedian
and a chaos engine.

Also... a gas machine.

Not the occasional
"what was that?" kind.

- Conversations stop mid-sentence
- Someone reaches for the air freshener
- Everyone pretends nothing happened



Advice overload.

Ask anyone with a Frenchie. You'll hear the same things — over and over.

Switch their food.

Try probiotics.

Add pumpkin.

"Frenchie's are just gassy."

Have you tried salmon?

Fish oil!

Slower bowl?

Maybe it's the treat

Probably worms.

The problem

All of this advice assumes the same thing.

That the answer is something you switch — not something you time.

And somehow... none of it actually fixes it.

Same dog. Same food. Different outcomes.

Two identical meals. Same dog. Same bowl. Same scoop.



Monday

Same scoop. Same time.



Tuesday

Same scoop. Same time.

Different outcome.

If this were just a food problem, the result would be consistent. It isn't. That tells you the food isn't the whole story – and the missing piece is the part nobody talks about.

It's not what. It's when.

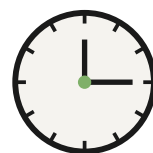
Slow change vs. fast problem.

Two completely different timescales. Trying to fix one with the other doesn't work.



Probiotics

Take days or weeks
to shift the gut.



The bomb

Forms in minutes.
Releases just as fast.

**You can't fix a 30-minute problem
with a 3-week solution.**

Probiotics aren't wrong. They're just slow.

The lesson

To fix something fast, you need a tool that works fast.

And that tool has to land in the right window – every time.



Myth no. 03 · The breed

Not normal. **Just common.**

Yes – Frenchies are prone to gas. Brachycephalic breeds swallow more air, and their digestion is sensitive.

**But "prone to it" doesn't mean "stuck with it."
Common is not the same as inevitable.**

The dogs that seem to "grow out of it" usually didn't. Their humans just stumbled onto the right pattern.

The pattern was always there.

Once I started watching the clock instead of the bowl, it clicked.



It's not random. It's a clock.

Once you see the timing, you can't unsee it.

Dinner is a countdown. Most people don't hear the tick.

The insight

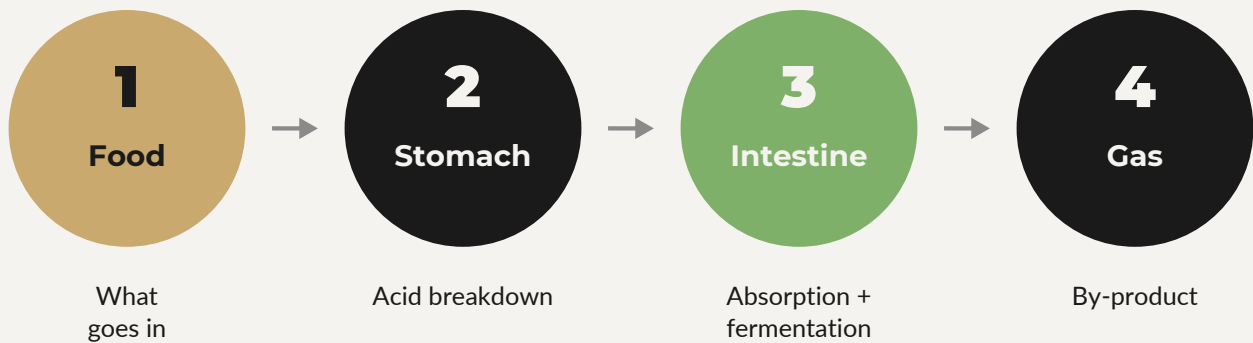
If you wait until you smell it, you've already lost.

By the time it's airborne, the chemistry is done.

Inside the process

Where gas actually comes from.

Digestion happens in stages. Each one matters.



Stage 3 is where most of the gas is created. Bacteria ferment what's left, and the by-product is what we smell.

**The gas is normal.
The release is what changes.**

Why it matters

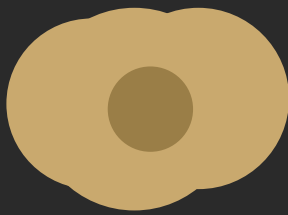
Don't fight digestion. Shape the moment it shows up.

That's the difference between reacting and engineering.

The key insight

Same gas. Different experience.

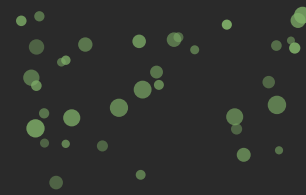
It's not how much your dog produces. It's how it leaves the building.



One big release

Noticeable.

Strong, obvious smell.
Everyone notices.



Many tiny releases

Barely noticeable.

Minimal smell, minimal drama.
Nobody notices.

Total volume? Identical.

Lived experience? Night and day.

That's the entire game.

This is the page nobody else writes. Read it twice.

Timing is everything

Before the meal, or after?

Same support. Same dose. Different timing. The result isn't subtle.

Before meal

Get ahead of the process.

Quiet evening. No drama. Confused, suspicious dog.
This is the only timing that works.



After meal

Reacting. Always reacting.

The reaction shows up first. You show up second.
The chemistry is already done.



The exact same support. Two completely different outcomes.

So what is actually doing the work?

What I've been calling "support" isn't complicated. It's a simple, targeted tool, designed to do one thing: change how gas forms and releases during digestion.

Used at the right time – before the meal – it shifts the process from:

From

One large, noticeable release.

To

Many small, unnoticeable ones.

Same digestion. Same gas.
Completely different outcome.

**That's the difference between a noticeable problem...
and a non-event.**

That's exactly what BooBear Bubbles is built around.

The experiment

One change. One night.

I changed exactly one thing. Not what I gave him. Not how much. Just when.

Before

Used support after dinner.

Reacting to the problem.

**Full bombs.
Every night.**

Nothing changed.

After

Used support before dinner.

Getting ahead of the process.

**Nothing.
Quiet evening.**

First time in months.

I didn't believe it. So I ran it again.

Same result.

Then I stopped – and everything came right back.

What this proved

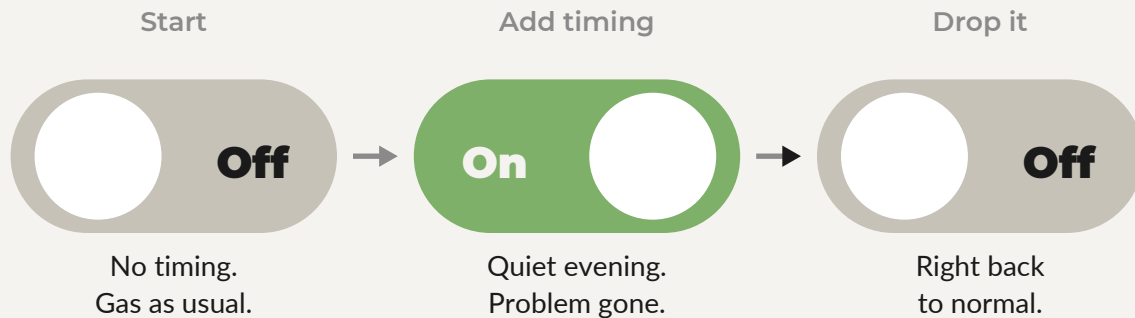
It wasn't the food. It wasn't the dog. It was the timing.

Everything else was just noise around that one variable.

The pattern

It's a switch. Not a setting.

Add the timing – quiet. Drop the timing – back to chaos.



Controlled by timing.

Not by genetics. Not by luck.

Same support. Different placement on the clock. Whole different evening.

What this means

If you can flip the switch, you can keep it on.

That's the whole protocol – the rest is just discipline.

The 5-step protocol

Simple. Repeatable.

Tested on one very gassy French Bulldog. Refined over months.

1

Control the diet

Keep things consistent. No table scraps. Avoid known triggers (dairy, cruciferous veg). Consistency gives you a baseline to read from.

2

Act before meals

Time your support 10–15 minutes before food hits the bowl. This is the single highest-leverage move in the entire protocol.

3

Don't react late

If you can already smell it, the chemistry is finished. You're not solving — you're apologizing.

4

Avoid disruptors

Eating too fast, stress, rough play after meals — these reset the cycle. Slow bowls and calm post-meal time matter more than people realize.

5

Reset when needed

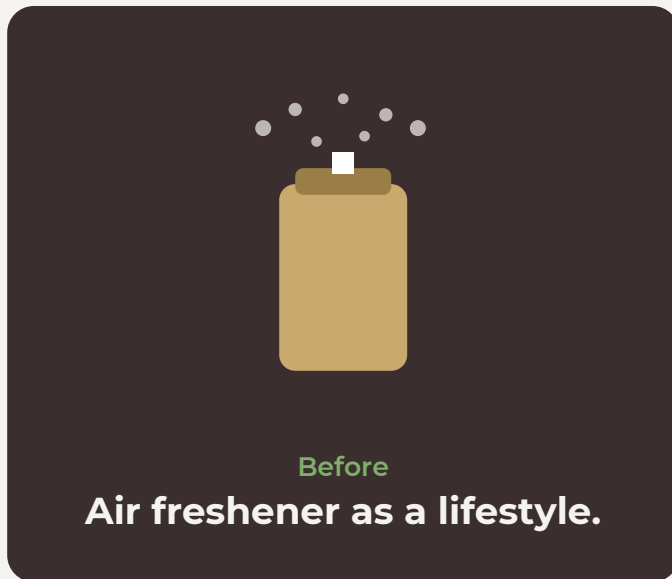
If things slip, simplify. One or two days of bland, simple food. Then re-enter the rhythm. Don't panic, recalibrate.

One important note

Chronic digestive issues, persistent bloating, or unusual symptoms?
Talk to your vet first — always.

The result

From hazmat zone to quiet couch.



Before

- Unpredictable nights
- Constant frustration
- Windows down. Always.



After

- Quiet evenings
- Guests welcome
- Windows optional.

Same dog. Same food.
A completely different evening.

B³

The tool behind the timing.

B³ (BooBear Bubbles) is built around one idea:
the right support, at the right moment.

Designed specifically for Frenchie digestion, it helps shift gas
from obvious to invisible — when it matters most.

Join early access → Get your evenings back

boobearbubbles.com

Be first to try B³ · small first batch · founder pricing.